

Liturgy of the Hours

In temple times, Jews prayed psalms together twice a day at the hours that the priest sacrificed the lamb. For this reason, the Morning and Evening Prayer hours are the most significant as we extend the sacrifice of the Eternal Lamb to all the hours of our day. Pray Morning Prayer anytime before 12PM and Evening Prayer any time after 3PM.

Using the iBreviary App

We recommend using the iBreviary app, instead of Laudate, because is the same translation that your priest uses. Laudate is different. If you ever say Morning or Evening Prayer in a group, iBreviary will match others' book versions.

Install the iBreviary app on your Apple or Android device (read online: <http://www.ibreviary.org/en/tools/ibreviary-web.html>)

To use iBreviary:

1. Open the app.
2. Click "**TODAY**" at the top middle or right.
3. Next, click "**PRAY**" at the top left.
4. When the slider opens, choose "**Breviary**", then "**Morning Prayer**."
5. Morning Prayer begins with an "Invitatory" psalm. If you are praying alone, read the opening antiphon and Psalm 95. (No need to repeat the antiphon between lines.) Read the closing antiphon.
6. **THIS IS IMPORTANT.** Scroll back to the TOP and click "**GO TO PSALMODY**." iBreviary gives 3 Invitatory choices and 2 hymns. You'll get lost in them; we all do. Skip all that by using the magic "**GO TO PSALMODY**" button at the top.
7. From there on, you can read straight through. There are 3 psalms, a reading, responsory, canticle, intercessions, Our Father, and closing prayer.
8. **Don't rush.** If you run out of time, your brothers and sisters all over the world will finish for you. Better to pray well and not finish, than to barrel through.

For Evening Prayer, click **PRAY>Breviary>Evening Prayer**. There are no invitatory psalms, though you may have to scroll past a couple of hymn options.